



Improving Care for Women with Bleeding and Clotting Disorders

Key Messages for Action

Women's bleeding and clotting disorders remain under-recognized, underdiagnosed and too often undertreated. Improving care requires stronger practices, clearer guidance and greater awareness across health systems.

Women's blood health deserves greater attention

Bleeding and clotting disorders can affect women across the lifespan, including menstruation, pregnancy, childbirth and menopause. Yet symptoms are often overlooked, normalized or not addressed early enough.

Earlier recognition can improve outcomes

Timely diagnosis and appropriate risk assessment can help reduce preventable complications, support safer care and improve quality of life.

Stronger guidance can support better care

Evidence-based guidelines, practical guidance and standardized approaches can help support more consistent recognition, diagnosis and management of women affected by bleeding and clotting disorders.

Improving practice requires education and training

Healthcare professionals need access to current evidence, training and clinical resources to support informed decision-making and improve care delivery.

Disparities in care must be addressed

Access to diagnostics, treatments, specialized care and trained providers remains uneven in many settings. Reducing disparities is essential to improving outcomes globally.

Collaboration can accelerate progress

Progress depends on collaboration among clinicians, researchers, patients, professional societies and policymakers to strengthen knowledge, close evidence gaps and advance better care.

Women should not be left out of research or guidance

Women's health considerations should be reflected in research priorities, clinical guidance and health policy to ensure care is responsive to women's needs.

Trusted resources can help support change

Access to authoritative resources, practical tools and shared knowledge can help improve practice, inform policy and empower action.

A Shared Opportunity

Improving practices, guidance and care for women with bleeding and clotting disorders is an opportunity to advance equity, strengthen health systems and improve outcomes for women worldwide.